Ctop basics

Save on everyday items

Co+op Basics offers low prices on many popular grocery and household items. You'll find new low prices EVERY DAY in every aisle. We're committed to helping you fill your pantry affordably without losing quality. Just look for the Co+op Basics signs throughout the store!













Don't forget to take advantage of these other great ways to save when shopping at the Co-op!

- Co+op Deals Our biweekly flyer focused on packaged grocery.
- Fresh Deals Our weekly flyer focused on fresh produce, meat, and grocery items.
- Owner Deals Ownership has its perks; enquire about Owner benefits today!
- Shopping in Bulk Save when buying just what you need; buy a pinch or a pound